

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.  
414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER ISSUE #21

# C.A. Spirit

NOVEMBER  
DECEMBER  
2008

RARELY HAVE I SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

## *For the Newcomer*

By: Margie M.

You don't have to believe in God,  
you just need to find a  
Power higher than yourself.

And for many that's C.A.

I remember upon my recovery  
That God is always there &  
With me - Thank You -

May the rain come  
Which it inevitably will,  
And I'll be able to carry  
On - Thanks to something  
Bigger than me.

Thank You  
I owe God that,  
Thanks and humility  
And today.

I'm thriving in my sobriety  
And if I ever fall please  
Be there to brush off the  
Dust & set me free!!  
Free, Clean and Happy

## **2010 World Convention: Milwaukee, WI May 27-31, 2010**

Check out the Farfrumusin World Convention  
Newsletter attached to this issue of the C.A.  
Spirit! It is also available at all meetings!

## **2009 Area Convention: Milwaukee, WI Feb. 6-8, 2009**

Registration forms have more information and  
are available at all meetings! Register today!!

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT 9203 W. Blue Mound Rd. Suite A Milwaukee, WI 53226 or e-mail Sage, the C.A. Spirit editor:  
insidious\_insanity@yahoo.com

**Submission Deadline for next issue:  
December 5th, 2008**



## Inside this issue:

"For the Newcomer" Poetry 1  
submitted by Margie M.

2010 World Convention 1

2009 Area Convention 1

Dear Addict 2

November/December Events 2

Step Eleven  
Big Book of AA 3

Step Twelve  
Anonymously Submitted

Sobriety Birthdays 4

Area Service Calendar 4



*"The AA Big Book, AA 12 Steps and 12 Traditions, and the Hope Faith and Courage are used with Permission."*

*"In the spirit of Tradition 6: We are not allied with any sect denomination, politics, organization or institution".*

*Dear Addict,*

Should I give a newcomer extra help with money or other material things?



*Dear Anonymous,*

*It is not the matter of giving that is in question, but when and how to give. That often makes the difference between failure and success. The minute we put our work on a service plane, the alcoholic commences to rely upon our assistance rather than upon God. He clamors for this or that, claiming he cannot master alcohol until his material needs are cared for. Nonsense. Some of us have taken very hard knocks to learn this truth: Job or no job -- wife or no wife -- we simply do not stop drinking so long as we place dependence upon other people ahead of dependence on God.*

*Burn the idea into the consciousness of every man that he can get well regardless of anyone. The only condition is that he trust in God and clean house.*

*- The Big Book of Alcoholics Anonymous p.98*

Our World Service Conference approved books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage, and other C.A. literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*.

## Opportunities for • GROWTH



### Calendar of Upcoming Cocaine Anonymous Events

#### CAWSC 2010 Fish Fry and Hypnosis Comedy Show

Date: November 8, 2008

Location: Pass It On Club 6229 W. Forest Home Avenue Milwaukee, WI

Dinner: 6pm



Speaker: 7:30pm

Comedy Show: 9pm

Dinner and Show: \$12 in advance / \$15 at the door  
Kids and Halfway Houses \$7

Show Only: \$7 at the door

Questions: Quin 414-550-5633

#### 70's Jam is Back!

Date: November 22, 2008

Location: Pass It On Club 6229 W. Forest Home Avenue Milwaukee, WI

Speaker: Jill E. 7:00pm

Dance: begins after the speaker meeting

Cost: \$6.00 Adults, \$3.00 H & I

Contact: Lindsay A. 262-951-6339 if you have questions or would like to help out with this event

Wear your best 70's outfit!

#### 2009 Wisconsin Area Pre-Convention Fundraisers

Dates: December 20, 2008 / January 10, 2009

Location: Pass It On Club

Speaker: 7:30pm

Dance: begins after the speaker meeting

Cost: \$6.00 Adults, \$3.00 H & I

Contact: Jim R. 414-379-3607

Look for the colorful flyers at your meetings for more information on both of these events!

#### Annual Holiday Coke-A-Thons!

30 Hours of Continuous Marathon Meetings!

Noon December 24th through 6pm December 25th  
Noon December 31st through 6pm January 1st

Join us at Central Office 9203 W. Blue Mound Rd.  
Suite A Milwaukee, WI 53226

#### 13th Annual Wisconsin Area Convention

February 6, 7, 8 2009 Registration forms have more information and are available at all meetings!

Share your Group or Area Committee Events... For more information contact the C.A. Spirit Editor,  
Sage S. 414.526.0980 or e-mail at [insidious\\_insanity@yahoo.com](mailto:insidious_insanity@yahoo.com)

Event flyers may be found at your C.A. home group literature table or on our web page: [cawisconsin.org](http://cawisconsin.org)

## ***Step Eleven: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.***

On awakening let us think about the twenty-four hours ahead. We consider our plans for the day. Before we begin, we ask God to direct our thinking, especially asking that it be divorced from self-pity, dishonest or self-seeking motives. Under these conditions we can employ our mental faculties with assurance, for after all God gave us brains to use. Our thought-life will be placed on a much higher plane when our thinking is cleared of wrong motives.

In thinking about our day we may face indecision. We may not be able to determine which course to take. Here we ask God for inspira-

tion, an intuitive thought or a decision. We relax and take it easy. We don't struggle. We are often surprised how the right answers come after we have tried this for a while. What used to be the hunch or the occasional inspiration gradually becomes a working part of the mind. Being still inexperienced and having just made conscious contact with God, it is not probable that we are going to be inspired at all times. We might pay for this presumption in all sorts of absurd actions and ideas. Nevertheless, we find that our thinking will, as time passes, be more and more on the plane of inspiration. We come to rely upon it.

We usually conclude the period of meditation with a prayer that we be shown all through the day what our next step is to be, that we be given whatever we need to take care of such problems. We ask especially for freedom from self-will, and are careful to make no request for ourselves only. We may ask for ourselves, however, if others will be helped. We are careful never to pray for our own selfish ends. Many of us have wasted a lot of time doing that and it doesn't work.

- Big Book of Alcoholics Anonymous p. 86, 87

## ***Step Twelve: Having had a spiritual awakening as a result of these steps, we tried to carry this message to alcoholics (addicts), and practice these principles in all our affairs.***

Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail. This is our *twelfth suggestion*: Carry this message to other alcoholics! You can help when no one else can. You can secure their confidence when others fail. Remember they are very ill.

Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish, to see a fellowship grow up about you, to have a host of friends -- this is an experience you must not miss. We know you will not want to miss it. Frequent contact with newcomers and with each other

is the bright spot of our lives.

-Big Book of Alcoholics Anonymous p. 89

The twelfth step promises me that I will have had a spiritual experience as a result of working these steps. I did not experience a flash of light or any sudden occurrence, however some people do. My experience was more of gradual one. As I worked through these steps, I began to develop a greater understanding of myself and of my higher power. I discovered my strengths and weaknesses and gained a new perspective of myself and others. I truly feel blessed to have gone

through this process. My life is so much more full and rich than it ever has been, or ever would be, because of working through all twelve steps.

I owe my life to the program and fellowship of Cocaine Anonymous. I cannot imagine not giving back in service to others! I immerse myself in many different types of service work. Not only does this help me to stay clean and sober, it helps others as well. Before finding C.A. I was completely unproductive with all of my "free" time. What else would I be doing if not for giving back what was so freely given to me? I may not even be alive at this time if not for C.A.!

-Anonymous

## NOVEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
(2)	3	4	5	6	7	(8)
2010 World Convention Planning Meeting			Fish Fry and Hypnosis Show			
(9)	10	11	12	13	14	15
2009 Area Convention Planning Meeting						
16	17	(18)	19	20	21	(22)
ASC Meeting				70's Jam		
23	24	25	26	27	28	29
30						

## DECEMBER 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
						2
						3
						4
						5
						6
(7)	8	9	10	11	12	13
2010 World Convention Planning Meeting						
(14)	15	(16)	17	18	19	(20)
2009 Area Convention Planning Meeting			ASC Meeting			Pre-Convention Holiday Dance
21	22	23	(24)	(25)	26	27
Annual Coke-A-Thon						
28	29	30	(31)	Annual Coke-A-Thon		

*If things get a little hectic over the holidays, turn to the Second Step. It's CA's "Sanity Clause."*

## November and December Sobriety Clean Time Birthdays

Karmen K.	11/01/89	19 years
Mike K.	11/03/95	13 years
George M.	11/03/03	5 years
Linda R.	11/08/05	3 years
Gregg J.	11/08/98	10 years
Ruta B.	11/11/03	5 years
Wendy T.	11/11/95	13 years
Jamie M.	11/17/02	6 years
Candy R.	11/19/07	1 year
Ray P.	11/20/01	7 years



Jeff B.	12/03/04	4 years
Bill M.	12/05/03	5 years
Quin B.	12/08/91	17 years
Greg H.	12/09/07	1 year
David Sa.	12/13/96	12 years
Cary S.	12/26/97	11 years

Congratulations and Happy Birthday!!

**Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar! E-mail the editor: insidious\_insanity@yahoo.com**

## Area Service

5:00 PM	Area Convention Committee / 2nd Sunday
6:00 PM	Delegate Committee / 1st Monday
2:00 PM	Unity Committee / 2nd Sunday
6:30 PM	G.S.R. Orientation Meeting / 3rd Tuesday
6:00 PM	Special Events Committee / 3rd Tuesday
6:00 PM	Treasurer Committee / 3rd Tuesday
6:00 PM	Finance Committee / 3rd Tuesday
6:30 PM	Internet Committee / 3rd Tuesday
7:00 PM	Area Service Committee Meeting / 3rd Tuesday
6:00 PM	H & I Committee / 1st Thursday

Open Positions: Co-Secretary, Alternate Delegate

See your group's G.S.R. for information regarding Area service opportunities.

Service Committee Meetings are held at:  
 C.A.W.A. Central Office  
 9203 W. Blue Mound Rd.  
 Suite A  
 Milwaukee, WI 53226



*All C.A. members are WELCOME and encouraged to attend.*