

MAY
JUNE
2008

C.A. Spirit

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

414.445-LIFE (5433) CAWISCONSIN.ORG

BI-MONTHLY NEWSLETTER ISSUE #19

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

Wisconsin Area C.A. Central Office has moved!

Please join us at our new location:
9203 W. Blue Mound Rd. Suite A
Milwaukee, WI 53226

(use side door on 92nd street)



Spiritual Principle: Humility

An improved perception of humility starts a revolutionary change in our outlook. Our eyes open to the immense values which have come straight out of painful ego-puncturing. Until now, our lives have been largely devoted to running from pain and problems. Escape via the bottle (using) was always our solution.

Then, in A.A., we looked and listened. Everywhere we saw failure and misery transformed by humility into priceless assets. -Twelve and Twelve p.74,75



Tradition Five: Each group has but one primary purpose; to carry its message to the addict who still suffers.

It has been my experience when it comes to the Fifth tradition, that there is no room for half measures. It is solely my responsibility to be there for the newcomer, just as older members were there for me. It's my responsibility to offer them rides, approach them and make them feel comfortable, share my experience, strength and hope with them. I can't sit back and expect others to do it because action is the magic word in this program. That is why I take the Fifth tradition very seriously. It teaches me to put others in front of myself. -Anonymous



If we ask, God will certainly remove our derelictions. But in no case does He render us white as snow and keep us that way without our cooperation.



Twelve and Twelve p.65



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If we cling to something we will not let go, we ask God to help us be willing.

Alcoholics Anonymous p. 76

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT 9203 W. Blue Mound Rd. Suite A Milwaukee, WI 53226 or e-mail the C.A. Spirit editor: insidious_insanity@yahoo.com

Dear Addict, The idea of meditating seems strange to me. I am not sure that I believe in it. Do I really have to pray and meditate to continue my growth in this program?



Dear Anonymous,

We agnostics liked A.A. alright, and were quick to say that it had done miracles. But we recoiled from meditation and prayer as obstinately as the scientist who refused to perform a certain experiment lest it prove his pet theory wrong. When we finally did experiment (with prayer and meditation), and unexpected results followed, we felt different; in fact, we knew different; and so we were sold on meditation and prayer. And that, we have found, can happen to anybody who tries. It has been said that "Almost the only scoffers at prayer are those who never tried it enough."

- Twelve Steps and Twelve Traditions p.97

Our World Service Conference approved books of Alcoholics Anonymous, Twelve Steps and Twelve Traditions, Hope, Faith & Courage, and other C.A. literature is used to answer inquiries to this section of the C.A. Spirit newsletter - *Dear Addict*. If you have difficulty understanding this or have questions regarding our literature, please ask for help from your Sponsor, or another member of C.A..

Opportunities for
GROWTH



Calendar of Upcoming Cocaine Anonymous Events

Saturday May 10, 2008 5pm to Midnight
Sunday Night Strength's 19th Annual Anniversary Spaghetti Dinner

Theme: "To Thine Own Self Be True"



Door Admission:

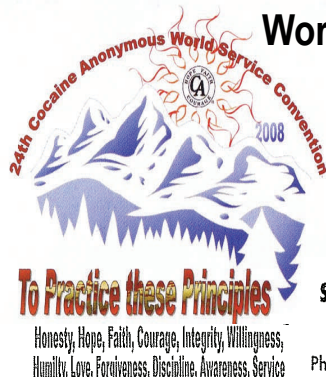
\$12.00 Spaghetti Dinner and Dance

\$5.00 Treatment Clients and children under 12

\$6.00 DJ-Dance Only

Pass It On Club 6229 W. Forest Home Ave. Milwaukee, WI 53220

24th Annual Cocaine Anonymous World Service Convention



Salt Lake City, Utah
May 22nd to 26th, 2008

Register online:
www.cawsconvention.org

Salt Lake City Marriott Downtown
* 75 South West Temple
* Salt Lake City, Utah 84101 USA
Phone: 1-801-531-0800 or Toll Free 1-800-228-9290

Saturday May 17, 2008

Learn about service while having fun!

10am World Service Workshop

11:15am Parliamentary Procedure Workshop

12:15 to 1:30pm Potluck Dinner

1:30pm The Basics of Service Workshop

2:45pm GSR Workshop

4:30pm OPEN SPEAKER MEETING

For more information contact Peter J. 414.769.9550

Event Location: 1025 E. Oklahoma Ave.

May 16th to May 18th, 2008

Razor's Edge Presents "Return to the Peshtigo"
Camping, Bonfire Speaker Meeting, Rafting and More!

Registration is due by May 3, 2008

For more information contact:

Mark H. 262.364.9015

Randy K. 414.217.3391

Saturday June 7, 2008 6:30pm

The Let's Stay Together Group Open Meeting

Speaker: Alford

Dinner will be served after the meeting.

Please bring a salad or dessert to pass.

For more information contact Stephanie W. 414.628.7140

Event Location: St. Peter & Paul Parish (Ring Bell)

2480 N. Cramer Milwaukee, WI 53211

Share your Group or Area Committee Events... For more information contact C.A. Spirit Editor,
Sage S. 414.526.0980 or e-mail at insidious_insanity@yahoo.com
Event flyers may be found at your C.A. home group literature table or on our web page: cawisconsin.org

Step Five: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

It's hard for me to write about my fifth step without writing about my fourth. I did my fourth step all at once. I did it the way it is described in the Big Book. I just kept writing until it was all done. It really helped me open my eyes to all of my character defects.

After I was done, my sponsor sat down and read the fifth step with me out of the Big Book. He then asked me if I wanted to do my fifth step with him or someone else. Of course I wanted to do this step with my sponsor! I was very nervous, but I knew I was going through this process with someone I could trust.

As I read through my fourth step, I began to understand why it

is important to read this to someone else. There were things about myself that I did not realize and there were parts of my life that were somewhat delusional. I was talking about things that I did not want to remember, much less let anyone else know about, yet here I was sharing these experiences.

An unexpected thing happened while I was doing this. I found out that I was not so unique. My situations and experiences were not much different than a lot of other peoples'. I no longer felt so different and alone. There was a great freedom in that!

Armed with a list of defects from my inventory, I started my sixth and seventh steps. Something

was very different now though. I had a whole new confidence. I could look people in the eyes without feeling less than or greater than anybody else. I was not on the outside looking in anymore. I was a part of a much larger whole, and I realized how unnecessary all of my fear had been.

- Anonymous



Step Six: Were entirely ready to have God remove all these defects of character.

Willingness is the key! It is mentioned many times in both the Big Book and Twelve and Twelve. After doing step four, a searching moral inventory of myself, and step five, admit to God and another human being the exact nature of my wrongs, you bet I was ready to change!

I learned in steps four and five that drugs were a small part of my problem. I was an addict whose problem was Troy. But *how* was I to change? "You can't, but God can," my sponsor told me. I had to want to change and I had to be willing to change. When this felt

difficult, I was told to pray and ask God for willingness.

I saw people in the rooms of C.A. who had something that I wanted. They were happy, joyous and free! Seeing them helped me to become willing to "let go and let God" remove these defects of character which stood in my way of being useful to God and others. Bring on step seven!

-Troy T.
(Over the Hump Without a Bump)



So step six is A.A.'s way of stating the best possible attitude one can take in order to make a beginning on this lifetime job. This does not mean that we expect all our character defects to be lifted out of us as the drive to drink was. A few of them may be, but with most of them we shall have to be content with patient improvement. The key words "entirely ready" underline the fact that we want to aim at the very best we know or can learn.

-Twelve and Twelve p.65


MAY 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
Convention Planning Meeting						
18	19	20	21	22	23	24
	ASC Meeting			2008 C.A. World Convention		
25	26	27	28	29	30	31
Salt Lake City, Utah						

JUNE 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
Convention Planning Meeting						
15	16	17	18	19	20	21
	ASC Meeting					
22	23	24	25	26	27	28
29	30					

May and June Sobriety Clean Time Birthdays

Tony D. 5/4/1996 12 years Heather D. 5/6/2006 2 years Mike W. 5/15/2003 4 years Tracy D. 5/18/2006 2 years Jeanna D. 5/27/1993 15 years		Brigid R. 6/1/1990 18 years Ann M. 6/5/1991 17 years Paul D. 6/10/2004 4 years Debbie A. 6/20/2005 3 years Greg C. 6/22/1996 12 years Niki D. 6/24/2001 7 years Danny N. 6/25/1996 12 years
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Area Service

- 5:00 PM Area Convention Committee / 2nd Sunday
- 6:00 PM Delegate Committee / 1st Monday
(Held at 9105 W Howard Ave. Milwaukee)
- 2:00 PM Unity Committee / 2nd Sunday
- 6:30 PM G.S.R. Orientation Meeting / 3rd Tuesday
- 6:00 PM Special Events Committee / 3rd Tuesday
- 6:00 PM Treasurer Committee / 3rd Tuesday
- 6:00 PM Finance Committee / 3rd Tuesday
- 6:30 PM Internet Committee / 3rd Tuesday
- 7:00 PM Area Service Committee Meeting / 3rd Tuesday
- 6:00 PM H & I Committee / 3rd Tuesday
- 6:00 PM Public Information Committee/3rd Tuesday

Open Positions: Secretary and Co-Secretary, Special Events Chair,

Service Committee Meetings are held at:
 C.A.W.A. Central Office
 9203 W. Blue Mound Rd.
 Suite A
 Milwaukee, WI 53226



All C.A. members are
WELCOME and
 encouraged to attend.