

JANUARY
FEBRUARY
2010

C.A. Spirit

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.
414.445-LIFE (5435) CAWISCONSIN.ORG
BI-MONTHLY NEWSLETTER ISSUE #28

RARELY HAVE WE SEEN A PERSON FAIL WHO HAS THOROUGHLY FOLLOWED OUR PATH

JANUARY FEBRUARY 2010

Please submit to the CA Spirit!

We are always looking for submissions from members. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please e-mail the C.A. Spirit editor, Jennifer @ gypsyjoliljen@yahoo.com or send to: C.A. SPIRIT 9203 W. Blue Mound Rd. Suite A Milwaukee, WI 53226

**Submission Deadline
for next issue:
*February 6, 2010***



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**Be sure to visit
cawisconsin.org
for updated event
and meeting list-
ings, CA literature,
and much more!**



C.A. is not allied with any sect denomination, politics, organization, or institution.

Dear Addict,

I came here to stop using drugs, not to be religious and talk about God.

Dear Addict,

Many of us were put off with the talk of God when we first came to meetings. It is easy enough to confuse the word spiritually with religion. As it relates to God, Cocaine Anonymous is a spiritual program, not a religious one. In C.A., we believe each individual can choose a Higher Power of his or her own. In short, a God of his or her own understanding.

If you are having trouble with the talk of God, remember:

- * Be open-minded*
- * C.A. is a spiritual program, not a religious one*
- * All you have to do is be willing to believe*
- * Your Higher Power can be the group as a whole*
- * You start with belief, your experience will come*

Don't Leave Before The Miracle Happens!!

—Cocaine Anonymous Literature: A Higher Power

Our World Service Conference approved books "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions", Hope, Faith and Courage, and other C.A. literature are used to answer inquiries to this section of the C.A. Spirit Newsletter - *Dear Addict*.



Calendar of Upcoming Cocaine Anonymous Events



1st Things 1st Annual Open Speaker Meeting and Birthday Celebration

Date: Monday Feb. 22, 2010

Time: 7:30 P.M.

Location: Milwaukee Psychiatric Hospital
Auditorium
1220 West Dewey Ave
Milwaukee WI 53226

Contact Info: Larry G. (414)899-2836

Chili Time and Dance

Date: January 16, 2010

Time: 5 - Midnight

Location: Pass It On Club
6229 W Forest Home
Milwaukee WI 53220

Cost: \$10 per/person
\$5 Halfway Houses and Kids
\$6 Dance Only

Contact Info: Jim R (414)379-3607
jries4@yahoo.com

Contact Jim before Jan. 10th if planning to bring Chili.

14th Annual CA of Wisconsin Area Convention



The Hope, Faith & Courage Experience

Date: February 5–7, 2010

Location: Country Springs Hotel,
Water Park, Conference Center
Waukesha, WI

Registration forms are available on-line at cawisconsin.org and at all meetings!

The convention planning committee meets the 2nd Sunday of every month and the central office. Make a difference, get involved!

REGISTER EARLY! TAKE ADVANTAGE OF THE SPECIAL CONVENTION PACKAGE PRICE!

Event flyers &/or Registration forms have more information and are available at all C.A. meetings or on our web page: cawisconsin.org

Step One: We admitted we were powerless over cocaine and all mind-altering substances— that our lives had become unmanageable.

I was asked not to long ago what the most important word in this step was. I thought that it was powerless, but it is not. I have come to learn that the word *we*, is the most important. *We*— lets me know from the very start that I'm not alone, and I have many other addicts that are have been where I am. This is a very comforting idea to me.

Now on with the rest of this step. I had to admit that I was powerless over the first one and that I could not control my usage. I had to admit complete defeat and surrender before I was able to

move on and accept the fact I was an addict. *"We learned that we had to fully concede to our innermost selves that we were addicts. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed."* I had to realize that I suffered from an obsession of the mind and an allergy of the body.

Then I had to realize that the unmanageability in my life was me; my thought process and the way I lived. The drugs didn't help it any, but they were not the cause of my unmanageability. I had several aspects of my life that

were out of control long before I took the first hit. This is where the rest of the steps help me to look at the patterns in my life and how to work on changing them with the help of my higher power. As time goes on and I practice this solution given to me, I start to regain some manageability in my life.

I have been given a solution to save my life, and its my choice today to use this solution and live. By the Grace of God I can admit defeat and learn to live life one day at a time without picking up! —Anonymous

Step Two: Came to believe that a Power greater than ourselves could restore us to sanity

"Lack of power, that was our dilemma. We had to find a power by which we could live, and it had to be a Power greater than ourselves. Obviously. But where and how were we to find this Power?"

For me personally this step took a minute. I had grew up with a concept of God and I had a horrible resentment for God. So I wasn't even considering that he would restore me to sanity. I had to change my thinking of what a power greater than myself could be.

Thank God for sponsors.

My sponsor explained to me that a power greater than myself could be anything bigger than me. How people had used the groups as their higher power for a time until they grasp their own concept. This I could understand. I could see the groups were a power greater than me. Here was a group of people that were hopeless drug addicts, but they were living life without using and seemed relatively happy doing so. I could talk about my problems and they generally had some personal experience they could offer on how they got through a similar situation without

using. It was great and it got me through till I could deal with the resentment I had for God.

"We needed to ask ourselves but one short question. "Do I now believe, or am I even willing to believe, that there is a Power greater than myself?" "It has been repeatedly proven among us that upon this simple cornerstone a wonderfully effective spiritual structure can be built."

—Anonymous

JANUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
2010 World Convention Planning Meeting						
10	11	12	13	14	15	16
2010 Area Convention Planning Meeting						
17	18	19	20	21	22	23
2010 Area Convention Planning Meeting						
24	25	26	27	28	29	30
2010 Area Convention Planning Meeting						
31						
2010 Area Convention Planning Meeting						

FEBRUARY 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
Area Convention 5, 6 & 7						
7	8	9	10	11	12	13
2010 World Convention Planning Meeting						
14	15	16	17	18	19	20
2010 Area Convention Planning Meeting						
21	22	23	24	25	26	27
2010 Area Convention Planning Meeting						
28						
2010 Area Convention Planning Meeting						

January and February Sobriety Clean Time Birthdays

Pete B	01/01/99	11 years
Joe Z	01/01/02	8 years
Kelly B	01/04/90	20 years
Kevin M	01/15/01	9 years
Sue W	01/18/99	11 years
Frank M	01/19/92	18 years
Lindsay A	01/21/07	3 years
Robin K	01/28/94	16 years
Erin B	01/28/99	11 years



Jeff B.	02/15/89	21 years
Manny S	02/08/??	????
Alford B	02/17/00	10 years
Tom H	02/08/91	19 years
Dan S.	02/28/08	2 years

Congratulations and Happy Birthday!!

If a correction needs to be made to your birthday, please email the editor: gypsyjoliljen@yahoo.com

Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar! E-mail the editor: gypsyjoliljen@yahoo.com

Area Service

5:00 PM	Area Convention Committee / 2nd Sunday
6:00 PM	Delegate Committee / 1st Monday
2:00 PM	Unity Committee / 2nd Sunday
6:30 PM	G.S.R. Orientation Meeting / 3rd Tuesday
6:00 PM	Special Events Committee / 3rd Tuesday
6:00 PM	Treasurer Committee / 3rd Tuesday
6:00 PM	Finance Committee / 3rd Tuesday
6:30 PM	Internet Committee / 3rd Tuesday
7:00 PM	Area Service Committee Meeting / 3rd Tuesday
6:00 PM	H & I Committee / 1st Thursday

See your group's G.S.R. for information regarding Area service opportunities.

Service Committee Meetings are held at:
C.A.W.A. Central Office
9203 W. Blue Mound Rd.
Suite A
Milwaukee, WI 53226



All C.A. members are WELCOME and encouraged to attend.